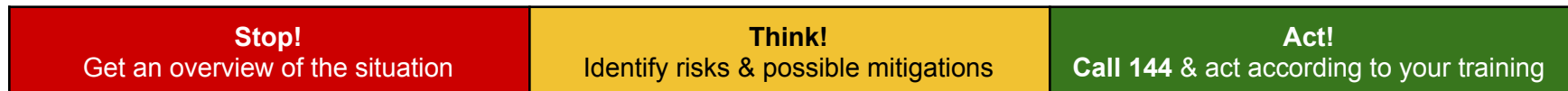
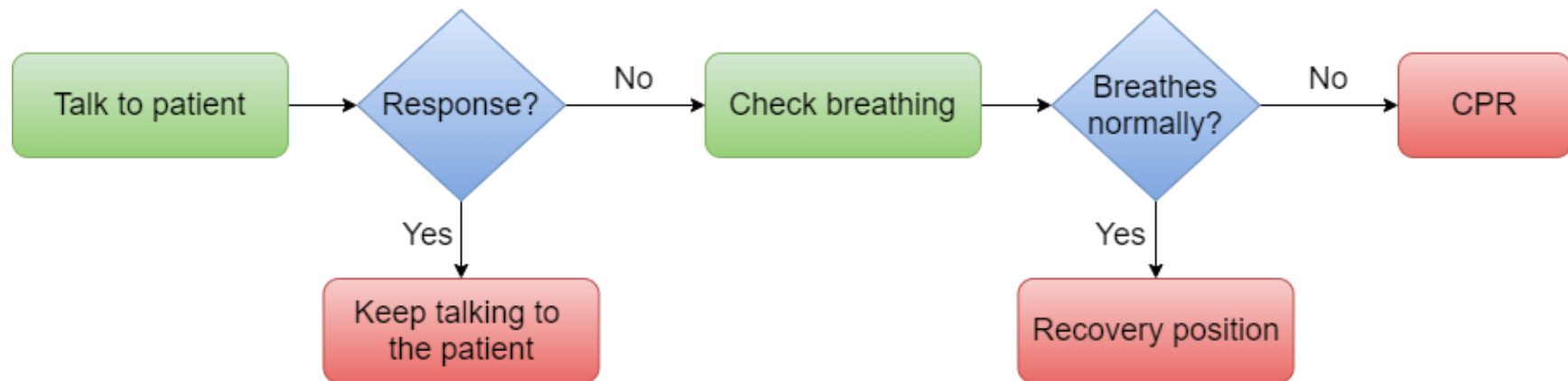


First Response at a glance

1. Stop-Think-Act first



2. Work with your patient



3. Perform CPR

1. Remove any clothing etc. from the chest
2. Put both hands on the middle of the chest in between the nipples
3. Compress 5-6cm deep, 100x per minute with as few interruptions as possible

